

WINTER 2012 - Recreational Program



(Prices does not include HST)

No Classes on Monday February 20 (Family Day)

All times are class START times.

| | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|-------------|---------|----------|------------|-----------|---------|-----------|
| First Class | 09-Jan | 10-Jan | 11-Jan | 12-Jan | 13-Jan | 14-Jan |
| Last Class | 05-Mar | 06-Mar | 07-Mar | 08-Mar | 09-Mar | 10-Mar |
| | 8 Weeks | 9 Weeks | 9 Weeks | 9 Weeks | 9 Weeks | 9 Weeks |



Pre-School Gymnastics

| | | \$ 121.00 | \$ 134.50 | \$ 134.50 | \$ 134.50 | \$ 134.50 | \$ 134.50 |
|---|------------|-----------------|-----------------|-----------------|-----------------|-----------|------------------------------------|
| Diaper Daredevils | 45 minutes | | | | | | |
| - walking to 3 years old | 10:1 Ratio | DD-540 10:00 AM | DD-542 10:00 AM | DD-544 10:00 AM | DD-546 10:00 AM | | DD-548 9:15 AM |
| - parent/caregiver participation required | | DD-541 11:00 AM | DD-543 11:00 AM | DD-545 11:00 AM | DD-547 11:00 AM | | DD-549 10:15 AM DD-550 11:15 AM |

| | | \$ 129.50 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 |
|--|------------|-----------------|-----------------|-----------------|-----------------|-----------|-----------------|
| Movers & Shakers | 60 minutes | | | | | | |
| - 3 to 4 years old | 6:1 Ratio | MS-580 10:00 AM | MS-584 10:00 AM | MS-587 10:00 AM | MS-591 10:00 AM | | MS-594 9:00 AM |
| - rolls, swings, jumps, landings, climbing | | MS-581 11:00 AM | MS-585 11:00 AM | MS-588 11:00 AM | MS-592 11:00 AM | | MS-595 10:00 AM |
| - classes are mixed - boys & girls | | MS-582 1:00 PM | MS-586 5:00 PM | MS-589 5:00 PM | MS-593 6:00 PM | | MS-596 11:00 AM |
| | | MS-583 5:00 PM | | MS-590 7:00 PM | | | MS-597 1:00 PM |

| | | \$ 129.50 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 |
|---|------------|------------------|------------------|------------------|------------------|-----------|------------------|
| Junior Cangym - Girls | 60 minutes | | | | | | |
| - 5 years old | 6:1 Ratio | JCG-560 10:00 AM | JCG-563 10:00 AM | JCG-567 11:00 AM | JCG-571 10:00 AM | | JCG-574 9:00 AM |
| - fundamental of gymnastics / exposure to all apparatus | | JCG-577 11:00 AM | JCG-564 1:00 PM | JCG-568 1:00 PM | JCG-572 11:00 AM | | JCG-575 10:00 AM |
| - preparation for Cangym badges | | JCG-561 5:00 PM | JCG-565 5:00 PM | JCG-569 5:00 PM | JCG-573 7:00 PM | | JCG-576 11:00 AM |
| | | JCG-562 6:00 PM | JCG-566 6:00 PM | JCG-570 7:00 PM | | | |

| | | \$ 129.50 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 | \$ 144.00 |
|---|------------|------------------|------------------|-----------------|-----------|-----------|------------------|
| Junior Cangym - Boys | 60 minutes | | | | | | |
| - 5 years old | 6:1 Ratio | JCB-540 11:00 AM | JCB-542 10:00 AM | JCB-544 5:00 PM | | | JCB-545 9:00 AM |
| - fundamental of gymnastics / exposure to all apparatus | | JCB-541 1:00 PM | JCB-543 5:00 PM | | | | JCB-546 10:00 AM |
| - preparation for Cangym badges | | | | | | | JCB-547 11:00 AM |

Gymnastics for 6 years +

| | | \$ 159.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 |
|---|------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|
| Cangym - Girls | 90 minutes | | | | | | |
| - 6 years old and over | 8:1 Ratio | BCG-555 4:30 PM | BCG-558 4:30 PM | BCG-561 6:00 PM | BCG-562 4:30 PM | BCG-564 4:30 PM | BCG-565 9:00 AM |
| - gymnastics introduction | 6 - 9 yrs | BCG-556 6:00 PM | | | BCG-563 6:00 PM | | BCG-566 10:30 AM |
| - body control & awareness | | | | | | | BCG-567 2:00 PM |
| - Cangym levels 1 - 4 | 9 - 12 yrs | BCG-557 6:30 PM | BCG-559 6:00 PM | BCG-560 4:30 PM | | | BCG-568 2:00 PM |
| Cangym - Boys | 90 minutes | | | | | | |
| - 6 years old and over | 8:1 Ratio | BCB-520 4:30 PM | | BCB-521 4:30 PM | | | BCB-523 9:00 AM |
| - gymnastics introduction, body control & awareness | | | | BCB-522 6:00 PM | | | BCB-524 10:30 AM |
| - Cangym levels 1 - 4 | | | | | | | BCB-525 1:30 PM |

| | | \$ 189.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 |
|--|-----------------------|-----------------|-----------|-----------------|-----------|-----------------|------------------|
| Intermediate Cangym - Girls | 2 hours | | | | | | |
| - 7 years old and over | 8:1 Ratio | ICG-536 6:30 PM | | ICG-538 6:30 PM | | ICG-540 6:30 PM | ICG-541 10:00 AM |
| - intermediate skills and focus on techniques | | | | | | | ICG-542 1:00 PM |
| - (Cangym Levels 5+) | ** Special Invitation | ICG-535 4:30 PM | | ICG-537 4:30 PM | | ICG-539 4:30 PM | |
| Intermediate Cangym - Boys | 2 hours | | | | | | |
| - 7 years old and over | 8:1 Ratio | ICB-520 6:00 PM | | ICB-521 6:00 PM | | ICB-522 6:00 PM | ICB-523 10:00 AM |
| - intermediate skills and focus on techniques (Cangym Levels 5+) | | | | | | | ICB-524 1:00 PM |

| | | \$ 384.00 | \$ 404.00 | \$ 404.00 | \$ 404.00 | \$ 404.00 | \$ 404.00 |
|---|-----------|-----------------|-----------------|-----------------|-----------------|-----------|-----------|
| Advanced Cangym - Girls | 4 hours | | | | | | |
| - 7 years old and over | 8:1 Ratio | ACG-515 6:30 PM | ACG-516 6:00 PM | ACG-515 6:30 PM | ACG-516 6:00 PM | | |
| - Cangym levels 5+ | | | | | | | |
| Advanced Cangym - Boys | 4 hours | | | | | | |
| - 7 years old and over | 8:1 Ratio | ACB-513 6:00 PM | | ACB-513 6:00 PM | | | |
| - advance skills and focus on techniques (Cangym Levels 7+) | | | | | | | |

| | | \$ 159.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 | \$ 177.00 |
|--------------------------------|------------|----------------|-----------|----------------|-----------|----------------|-----------------|
| Recreational Tumbling | 90 minutes | | | | | | |
| - 7 years old and over | 6:1 Ratio | RU-515 7:30 PM | | RU-516 7:30 PM | | RU-517 7:30 PM | |
| Recreational Trampoline | 90 minutes | | | | | | |
| - 7 years old and over | 6:1 Ratio | RT-516 7:00 PM | | RT-517 7:00 PM | | | RT-518 12:00 PM |

| | | \$ 189.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 | \$ 210.00 |
|-------------------------|-----------|-----------|-----------|----------------|-----------|-----------|-----------|
| Teen | 2 hours | | | | | | |
| - 13 years old and over | 6:1 Ratio | | | TG-513 8:00 PM | | | |

Pulsars Gymnastics Club



1206 Ringwell Drive, Unit 2
Newmarket, Ontario L3Y 8V9
905-836-2209

POLICIES

- We do not offer make-up classes. In case of extended inability to attend (3 or more classes), please see office for considerations
- No refunds after the session start date. Credits under special circumstances by approval of administration office only. Refunds are subject to a \$25 administration fee.
- Registration forms may be printed from our website at - www.pulsarsgymnastics.com
- Phone registration accepted (credit card only), Payment due at time of registration.
- 10% disc. for 2nd+ siblings (Does not apply to promotions & specials)
- No additional Discounts on the Pre-School Day Class Specials
- Annual \$25 membership fee applies to all athletes - Valid July 1, 2011 to June 30, 2012



Weekday
Day Classes

15%
off