

Gymnastics for 6 years +

SPRING 2010 - Recreational Program

(Revised March 3, 2010)

No Classes on Monday May 24 (Victoria Day), Friday April 2 (Good Friday),
Monday April 5 (Easter Monday), & Saturday May 8 (Competition)

All times are class START times.

		Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
First Class		22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
Last Class		28-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
		13 Weeks	14 Weeks	14 Weeks	14 Weeks	13 Weeks	13 Weeks
		\$ 249.00	\$ 267.00	\$ 267.00	\$ 267.00	\$ 249.00	\$ 249.00
Cangym - Girls	90 minutes	<i>BCG-501</i> 4:30 PM	<i>BCG-503</i> 4:30 PM	<i>BCG-506</i> 6:00 PM	<i>BCG-507</i> 4:30 PM	<i>BCG-508</i> 4:30 PM	<i>BCG-509</i> 9:00 AM
- 6 years old and over	8:1 Ratio	<i>BCG-515</i> 6:00 PM			<i>BCG-514</i> 6:00 PM		<i>BCG-510</i> 10:30 AM
- gymnastics introduction	6-9 yrs.						<i>BCG-511</i> 2:00 PM
- body control & awareness							<i>BCG-513</i> 3:30 PM
- Cangym levels 1 - 4	9-12 yrs.	<i>BCG-502</i> 6:30 PM	<i>BCG-504</i> 6:00 PM	<i>BCG-505</i> 4:30 PM			<i>BCG-512</i> 2:00 PM
Cangym - Boys	90 minutes	<i>BCB-501</i> 4:30 PM		<i>BCB-502</i> 5:00 PM			<i>BCB-504</i> 9:00 AM
- 6 years old and over	8:1 Ratio			<i>BCB-503</i> 6:30 PM			<i>BCB-505</i> 10:30 AM
- gymnastics introduction, body control & awareness							<i>BCB-506</i> 1:30 PM
- Cangym levels 1 - 4							
		\$ 294.00	\$ 315.00	\$ 315.00	\$ 315.00	\$ 294.00	\$ 294.00
Intermediate Cangym - Girls	2 hours	<i>ICG-502</i> 6:30 PM		<i>ICG-504</i> 6:00 PM		<i>ICG-505</i> 6:30 PM	<i>ICG-506</i> 9:00 AM
- 7 years old and over	8:1 Ratio						<i>ICG-507</i> 1:00 PM
- intermediate skills and focus on techniques							
- (Cangym Levels 5+)	** Special Invitation	<i>ICG-501</i> 4:30 PM		<i>ICG-503</i> 4:30 PM		<i>ICG-508</i> 4:30 PM	
Intermediate Cangym - Boys	2 hours	<i>ICB-501</i> 6:00 PM		<i>ICB-502</i> 6:30 PM		<i>ICB-503</i> 5:30 PM	<i>ICB-504</i> 10:00 AM
- 7 years old and over	8:1 Ratio						<i>ICB-505</i> 12:00 PM
- intermediate skills and focus on techniques (Cangym Levels 5+)							
		\$ 604.00	\$ 604.00	\$ 604.00	\$ 604.00	\$ 604.00	\$ 604.00
Advanced Cangym - Girls	4 hours	<i>ACG-501</i> 6:30 PM	<i>ACG-503</i> 6:00 PM	<i>ACG-501</i> 6:30 PM	<i>ACG-503</i> 6:00 PM		<i>ACG-504</i> 2:00 PM
- 7 years old and over	8:1 Ratio				<i>ACG-504</i> 6:00 PM		
- Cangym levels 5+	** Special Invitation			<i>ACG-502</i> 5:30 PM		<i>ACG-502</i> 5:30 PM	
Advanced Cangym - Boys	4 hours	<i>ACB-501</i> 6:00 PM		<i>ACB-501</i> 6:00 PM	<i>ACB-502</i> 6:00 PM		<i>ACB-502</i> 12:00 PM
- 7 years old and over	8:1 Ratio						
- advance skills and focus on techniques (Cangym Levels 7+)							
		\$ 249.00	\$ 267.00	\$ 267.00	\$ 267.00	\$ 249.00	\$ 249.00
Recreational Tumbling	90 minutes	<i>RU-501</i> 7:30 PM		<i>RU-502</i> 7:30 PM		<i>RU-503</i> 7:30 PM	
- 7 years old and over	6:1 Ratio						
Recreational Trampoline	90 minutes	<i>RT-501</i> 7:00 PM		<i>RT-502</i> 7:00 PM			<i>RT-503</i> 11:00 AM
- 7 years old and over	6:1 Ratio						
Teen Girls	2 hours			<i>TG-501</i> 7:00 PM			<i>TG-502</i> 12:00 PM
- 13 years old and over	6:1 Ratio						